

NEEDS LIST - NOVEMBER 2018

Thank you for being intentional about your act of giving. There are so many practical ways to partner with iThemba Lethu to benefit the vulnerable babies/children in the transition homes and the youth and families in Cato Manor.

For your ease of reference, below is a list of our current operational needs. If you could pop any of the following in your shopping trolley and then bring it to us at:

iThemba Lethu

[26 Archer Crescent, Manor Gardens, Durban](#)

Tel: 031 261 7723

Please liaise with Jennifer Jansen van Rensburg (Homes Team Leader) info@ithembalethu.org.za or Karen Brokensha (Marketing and Fundraising Co-ordinator) karen@ithembalethu.org.za to arrange a time for delivery.

Integrity is a key family value, so please don't arrive without making prior arrangements for us to receive your donation and in order to acknowledge your gifts!

2 x Transition Homes

There are 5 vulnerable children currently in the homes (2 aged 6 months, 2 aged 3 months and 1 toddler 20 months old) and the following items:

Nappies, toiletries and medicine

Nappies 2, 3, 4+ (Huggies and Pampers)

Infacare 1

Baby Wash Top to Toe

Baby aqueous cream

Allergex/Allecet

Telament Drops

Baby bottle brushes

Fruit & Veg

Apples, pears, strawberries, oranges, naartjies, banana, butternut, sweet potato cauliflower, broccoli, pumpkin, gem squash, pumpkin, carrots, potato, cut chips, mixed veg, country mix, Hawaiian stir fry

Cereal - Nutrifix and Pronutro/Futurelife for children

Porridge – Maltabella

Coffee – Ricoffy, Five Roses, Rooibos, Camomile tea

Frozen food

Box fish/hake, fish fingers, smackeros chicken fillets, viennas, pork sausages, beef burgers, frozen veggies, cheese grillers, chicken fingers

Tinned food – tuna, bully beef, canned tomatoes, sweetcorn

Snacks – Peanuts and Raisins, pretzel mix, dried apples, prunes, biltong sticks, mini cheddars, Cracker Bread, Provita,

Spreads - Melrose Cheese spread, sandwich spread, Fishpaste, Marmite, Peanut Butter

Staples - Oil, long life milk, fresh milk 2l Full Cream

Spices – Chicken, barbeque, mince, steak and chops, mixed herbs, parsley, Italian, potato, cinnamon, nutmeg, turmeric, Raja Mild Curry, paprika

Treats - Ultramel Custard, Flings, Cheese Curls

Detergents

Domestos and Handy Andy
Sunlight Liquid and Sunlight Washing Powder 5kg
Pine Gel
Doom
Windowlene

Ready-made meals for 6 adults and 1 child

Chicken a la King, Macaroni Cheese, Spaghetti
Bolognese, Lasagne, Stroganoff, Cottage Pie,
Bangers and Mash, Fish Pie

Saturday night outdoor play

Braai packs and Boerewors/Pork Sausages
Charcoal/firelighters

Homeware

Summer Uniforms for Caregivers (6 x ¾ jeans, t
shirts and slops)
Summer cot sheets
Linen for ¾ bed
6 cot mosquito nets
4 Moses baskets

Equipment

- We also needing 1 x 20" flat screen monitor for one of the office computers
- White Dinner Service x 6 places
- Water glasses x 12
- Fumigation of House 22
- Dining Room table for House 22
- Baby bottles NUK /Tommy Tippy/Avent

Life Skills Programme

There are 2,223 youth (aged 10 – 18 years old) on
the schools' programme

They are invited to Youth Clubs every Thursday or
Friday afternoon. Approx **750** x attend and we
provide

- Biscuits (Toppers)
- Juice (Oros/Daly's)

Then every second month we do a Parent
Workshop for approx **200** x parents/caregivers
and we provide a meal:

- Curry and Rice/Breyani/Hot Dogs/Boerwors
Rolls/Chicken Rolls
- Fruit
- Cooldrinks

Financial

If you are also in a position to make a [once or regular financial contribution](#), herewith various options

1. **Eft** - Nedbank Cheque Acct: 1301 240 958. Sort code 130 126
2. **Credit Card** donation/pledge
<https://www.payfast.co.za/donate/go/ithembalethu>
3. **Direct Debit** pledge – please email Veronica Meier on
accounts@ithembalethu.org.za and she will assist you
4. **PayPal** for US\$ donations
<https://www.paypal.me/iThembaLethu>
5. **Zapper** payment
6. **Corporate Social Investment (CSI/SED)** -

