

Needs list - December 2017

Thank you for your big, kind hearts, to help raise 12 little people in our transition homes and impact the youth and their families in the community. By popping any of these items into your shopping basket you are reducing our running costs, providing essentials and a few extra special items, needed and impacting their lives through health, education and happiness!

In turn you will be reminded of the joy that comes with giving, the simple things in life, and that is the best kind of present!



Medicine & toiletries

Wet wipes
Baby Panado/Calpol/Neurophen/Benelin/Prospan
Cough mixture
Vitamins
Allergex
Mozzie cream for babies
Sun Block

Shoes

Boys slops size 11
Girls slops size 11 – 13/1

Homeware

Plastic/melamine plates, bowls, cups and spoons x 12
Plastic bowls for chips/fruit
Hand blender

Holiday Activities

uShaka Tickets for 4 children + 2 adults

Tickets to Croc World

Picnic Packs for Mitchell Park/Botanic Gardens/Beach/Wilks Park/Pigeon Valley x 4 children and 3 toddlers + 3 adults

Ice Creams for Bikes at People's Park 4 children + 2 adults

Ingredients for Baking biscuits and plastic tubs

Movie tickets for 4 children + 2 adults

Linen

12 x Personalised name pillows from <https://www.instagram.com/madeatmykitchen/>

- Nonhle (G)
- Anele (G)
- Keke (B)
- iJoma (G)
- Banele (G)
- Bandile (B)
- Olwethu (G)
- Zesulwa (G)
- Ntokozo (G)
- Elijah (B)
- Judah (B)
- Sinothando (G)

Cotton muslin receiving blankets x 8 babies

Detergents for Homes and Admin Office

Sunlight Washing Powder (Auto) x 5kg x 2 per month

Domestos

Handy Andy

Sunlight Dishwasher

Tissues

Toilet Paper

Groceries

Frozen food - fish, fish cakes/fingers, chicken fillets, chicken nuggets/patties, viennas, mini sausages, beef burgers

Tinned food - tuna, bully beef

Cereal - Futurelife for children, Baby Cereals

Porridge – Maltabella

Snacks - Raisins, dried apples, prunes, peanuts and raisins, biltong sticks, mini cheddars, Cracker Bread, Provita,

Spreads - Jam, peanut butter, hummus, pesto, Melrose Cheese spread

Staples - Rice, brown sugar, pasta, long life milk, oil, lasagne sheets

Treats - Milo, Nesquik, Ultramel Custard and ice creams/lollies, marshmallows

Long life milk, Coffee, Tea and Sugar

Ready-made meals for 6 adults and 7 children

Chicken a la King
Macaroni Cheese
Spagetti Bolognaise
Lasagne
Stroganoff
Cottage Pie
Curry
Bangers and Mash

Braai's

Saturday night outdoor play
Braai packs
Sausages
Charcoal/firelighters

Finances

If you are also in a position to make a financial contribution herewith some user friendly options:

1. Make a once off/monthly donation Nedbank Cheque Acct: 1301 240 958 (Sort code 130 126)
2. Sign a monthly direct debit pledge – please email lizell@ithembalethu.org.za and she will assist you
3. Select us as your nominated Corporate Social Investment (CSI/SED) Programmes
4. Host a fundraiser and select us as your beneficiary
5. Donate to us via [Paypal](#) (US\$ only) or Zapper

If you need more information or a proposal please contact me as below.

Many thanks and kind regards,

Karen

Karen Brokensha

Marketing and Fundraising Co-ordinator

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