

Needs list - March 2018

Thank you for being intentional about your act of giving. There are so many practical ways to partner with iThemba Lethu to benefit the vulnerable children and families amongst us. For your ease of reference, below is a list of our current needs and would be so wonderful if you could pop any of the following in your shopping trolley and then bring it to us at:

iThemba Lethu

26 Archer Crescent

Manor Gardens

Tel: 031 261 7723 and ask for Karen Brokensha karen@ithembalethu.org.za or Jenny Jansen van Rensburg info@ithembalethu.org.za to arrange a time for delivery.

Accountability and gratitude are very important to us, so please don't arrive without making arrangements for us to receive and acknowledge your gifts!

For the children in the transition homes

Medicine & toiletries

Fragrance disposable Nappy Bags
Baby Panado/Calpol/Neurophen/Benelin/Prospan
Cough mixture
Vitamins
Allergex
Mozzie cream for babies
Sun Block
Bottle brushes with sponge on top
Children's toothpaste
Toilet Paper and Tissues (box and pocket)
Nappies size 4+ and 5 Huggies/Pampers

Shoes

Boys slops size 11
Girls slops size 11 – 13/1

Homeware

Plastic/melamine plates, bowls, cups and spoons x 12
Plastic bowls for chips/fruit

Hand blender

Single or ¾ bed for a night mom

Groceries

Frozen food - fish, chicken fillets, chicken nuggets/patties, viennas, mini sausages, beef burgers, smackeros
Tinned food – tuna, pilchards, bully beef, tomato and onion, whole peeled tomatoes, baked beans
Cereal - Futurelife for children, Cornflakes, Rice Crispies, Weetbix and Pronutro
Porridge – Maltabella
Snacks - Raisins, dried apples, prunes, peanuts and raisins, biltong sticks, mini cheddars, Cracker Bread, Provita, Spreads - Jam, peanut butter, hummus, pesto, Melrose Cheese spread
Staples - Rice, brown sugar, pasta, oil, lasagne sheets
Treats - Milo, Nesquik, Ultramel Custard, ice creams/lollies, marshmallows, jelly
Long life milk, Coffee, Tea and Sugar

Detergents

Domestos
Handy Andy
Sunlight Liquid
Sunlight Washing Powder

Ready-made meals for 6 adults and 10 children

Chicken a la King, Macaroni Cheese, Spagetti
Bolognese, Lasagne, Stroganoff, Cottage Pie,
Bangers and Mash

Saturday night outdoor play

Braai packs and Sausages

For the youth and parents in the community

Schools Programme

The youth do afternoon Youth Clubs for approx **750 x Grade 5 – 9 learners** each week and we provide

- Biscuits (Toppers)
- Juice (Oros/Daly's)

And every second month we do a Parent Workshop for approx **200 x parents/caregivers** and we provide

- Curry and Rice
- Breyani
- Hot Dogs
- Boerwors Rolls
- Chicken Rolls
- Fruit
- Cooldrinks

Equipment

We also needing 1 x 20" flat screen for one of the office computers

Financial

If you are also in a position to make a once or regular financial contribution, herewith some user friendly options:

Fees and Activities – four of the older children go to pre and primary school and would like to keep doing their extra mural activities, so if you are in a position to sponsor R250 per month that would be wonderful thank you!

1. Make a once off/monthly donation Nedbank Cheque Acct: 1301 240 958 (Sort code 130 126)

Charcoal/firelighters

Outings

If you would like to sponsor an outing for 6 children and 2 caregivers to the any of the following that would be awesome:

- Movies
- uShaka
- Spur
- Picnic in the Park
- Ice creams at People's Park
- Lucky Bean etc
- Animal Flag Farm

2. Sign a monthly direct debit pledge – please email accounts@ithembalethu.org.za and we can assist you
3. Select us as your nominated Corporate Social Investment (CSI/SED) Programmes
4. Host a fundraiser and select us as your beneficiary
5. Donate to us via [Paypal](#) (US\$ only) or [Zapper](#)

If you need more information or a proposal please contact me as below.

Thank you so much,

Karen

Karen Brokensha

Marketing and Fundraising Co-ordinator

#iamthestoryteller

031 261 7723

karen@ithembalethu.org.za